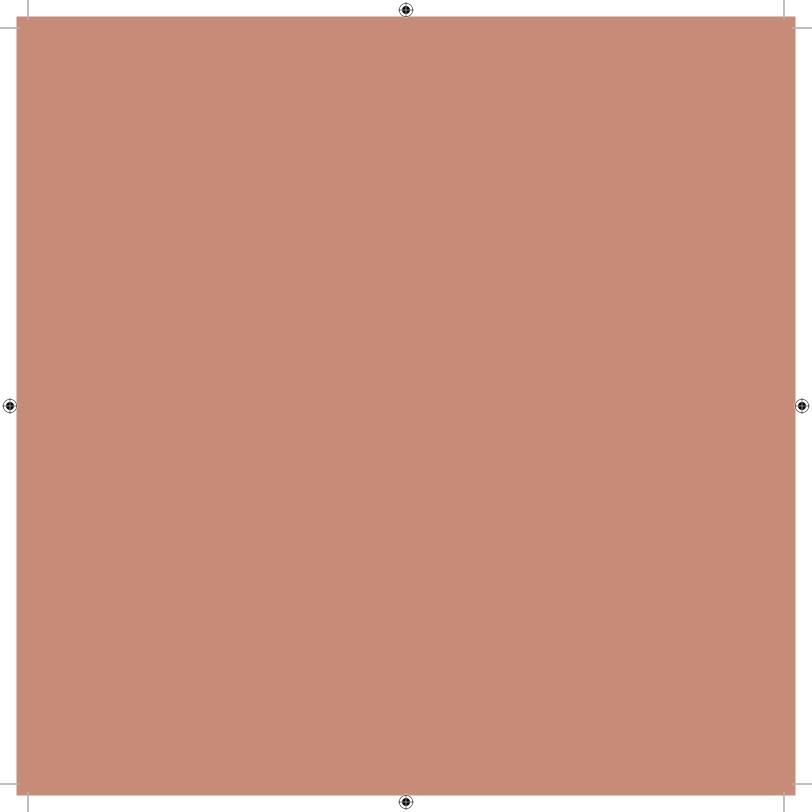


MEIRA

SPA MANAGEMENT



PROFESSIONAL TREATMENTS

Body Essential & Facial Treatments by Labbok
Set your personal signature to an ultimate SPA experience
with premium certified organic and vegan skincare.

SUN KISSED

face & body

IDEAL FOR

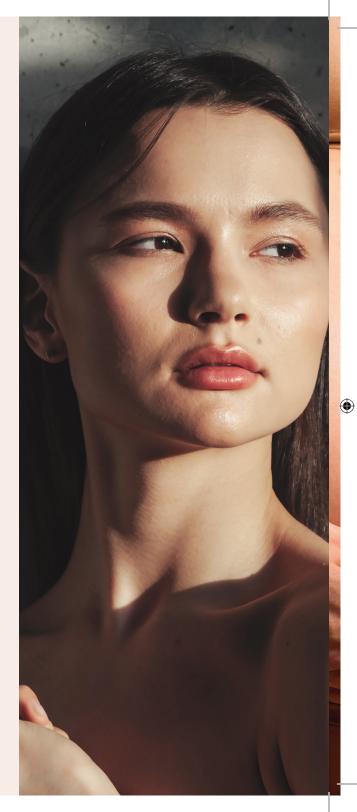
after tanning, sun burn, redness

Hot day under the sun? The perfect treatment against redness. Treat your sun kissed skin with high efficiency vitamin enriched products. The Peel-off Cooling Mask gives an immediate feeling of "Skin Freeze" and coolness, a super fresh sensation. Balance your skin with high quality restorative oils. Feel your skin hydrated, help your tan last longer and calm the sun burn with the powerful natural regenerating Calendula, Omega 3-6 and Polyphenols.

FACE 30′ 30€

BODY 45′ 70€

FACE & BODY 85€







BEAUTIFUL MOTHER TO BE

face & body

IDEAL FOR

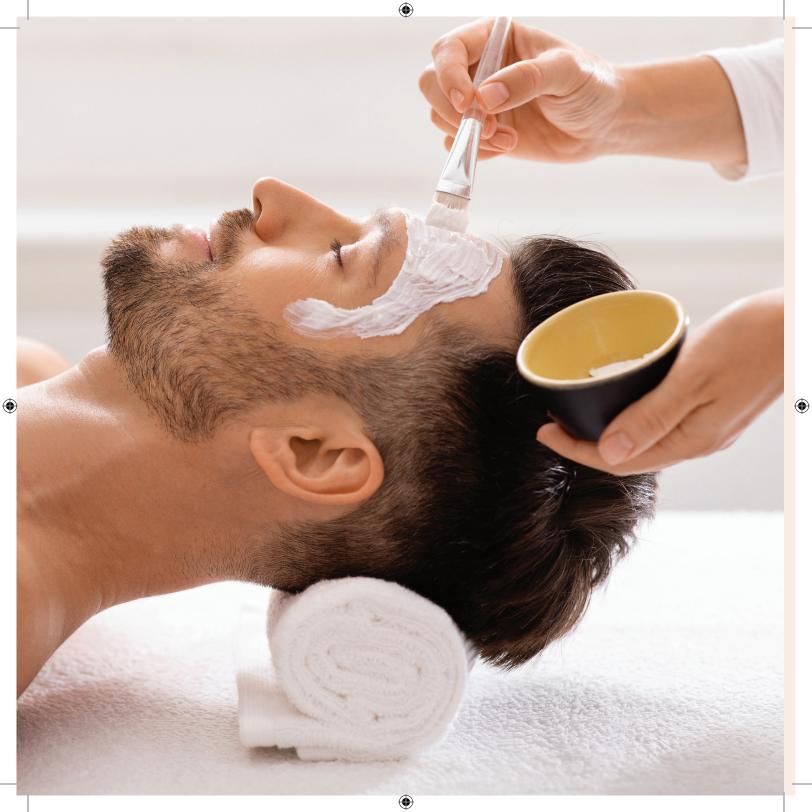
skin conditions due to pregnancy

The hormonal effects on your skin during pregnancy can cause dryness, breakouts, increased pigmentation and a lack luster complexion. Pregnancy safe organic products, with active biomolecules and vitamin boosters support the recovery against early stretch marks, dry skin and pigmentation. Hyaluronic acid, prebiotics and ection create a radiant, elastic skin. Feel the effectiveness of the super natural lightening agents on your pigments and strech marks!

FACE 30′ 30€

BODY 60′ 70€

FACE & BODY 85€



IT'S A MAN'S WORLD COLLECTION

DARK SENSATION

face 30′ 40€

IDEAL FOR

hydration, glow, radiance

For those who spend long hours in front of the screen that causes skin aging, antipolution filters and filters against the blue light, are the best ally. The bamboo charcoal and purple clay unclog the pores and the apricot kernels remove the dead cells followed by the triple hyaluronic acid and ection boosters for the ultimate hydration. Final step: For your sensitive, yet demanding eye area, choose helichrysum, parsley and grape seed.

POWER RELEASE

body 60′ 70€

IDEAL FOR

relax, tension, relief

Too much tension that leads to bad mood? Your body requires an intense specialized care to relax. Sea and Himalayan salt remove dead cells, the mix of premium oils with the sensual power of lavender and ylang-ylang relax your senses. The body butter, rich in moisturising factors, leave your skin smooth and cared.





BUSY MIND DE-STRESS

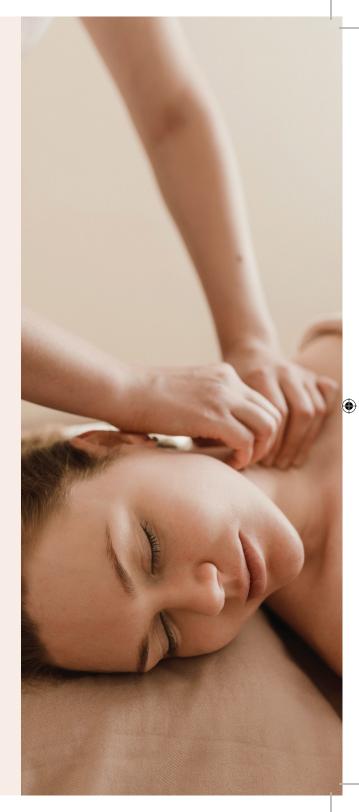
body

IDEAL FOR

intense relaxation

For those who have a busy lifestyle with little time for self care. Find your inner peace and quite your mind with special treatment that is devised to give you head-to-toe relaxation. As a starter, the sugar gentle scrub pampers your skin and the romantic senses of levander and ylang-ylang will travel you to a quite and relaxed place. Ease your muscles with cold pressed high quality organic oils and finish your treatment with rich organic butter. Ask for extra relaxation with the organic essential oil blend as relaxation booster.

BODY 60' 80€







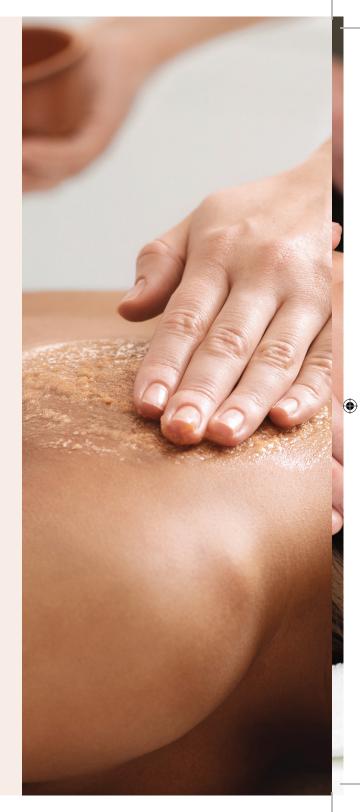
face & body

IDEAL FOR

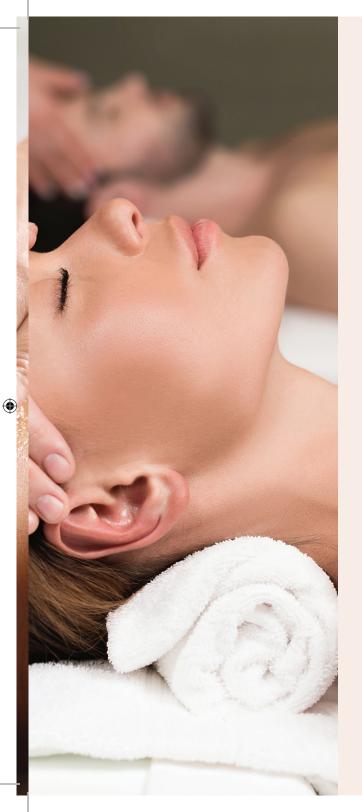
relax, detox & beautify

The Blueberries in the spotlight! The most powerful natural detox agents are the berries that are used in almost every product of this treatment. The welcoming senses, the scrubs and butters are perfectly combined with the hot candle massage oils that will leave your skin detoxified and pampered and your mind relaxed. A goodbye drink with berries will warm your heart and detox your body from the inside out!

FACE & BODY 90′ 100€







SHOW ME LOVE BY SENSES

face & body couple treatment

IDEAL FOR relax, beautify

Spend precious time with your other half! Unwind and relax with the sensual senses of Ylang-Ylang, Patchouli and Wild Rose. Feel the warmth of the massage candles and allow loving feelings enter your heart. Beautify your skin and let this signature treatment bring you closer to your partner. Enjoy your most lovable face, body and soul with a goodbye glass of wine!

FACE & BODY 90′ 150€



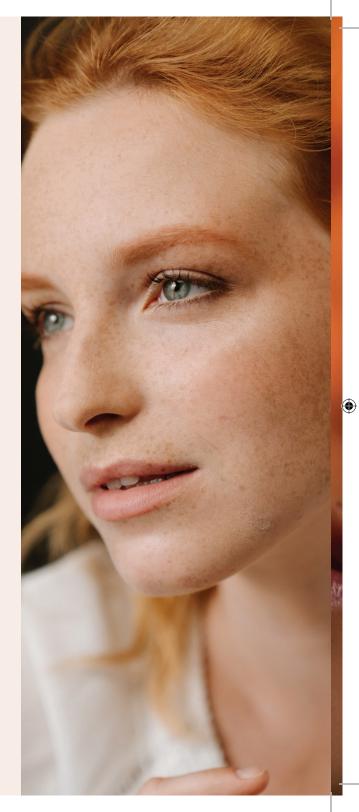
facial treatment

IDEAL FOR

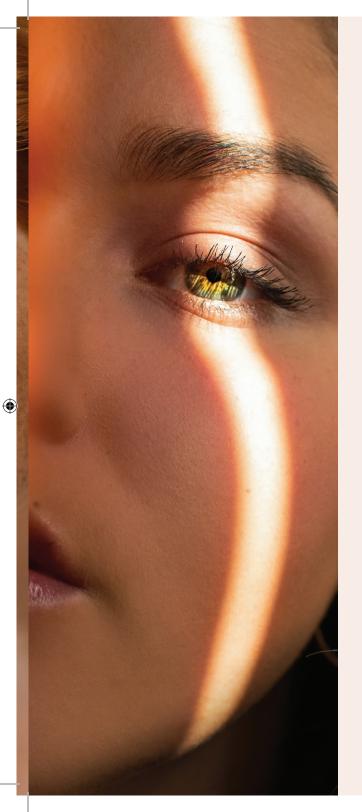
anti-wrinkle, relaxing, protective

The Age Care relaxing Treatment, with its specific manual tecniques, and the intense range, work in synergy to create a ritual that relaxes facial features, evens out and illuminates the complexion. Energized seawater fights the effects of pollution. Laminaria hyperborea targets neuro-aging by protecting the skin against pollution. White cocoa extract protects the skin against aging caused by the blue light we are increasingly exposed to in this hyper-connected world.

FACE 60′ 45€







DELAY INFINITY

facial treatment

IDEAL FOR

nourishment and relaxation

The highly effective first wrinkles prevention shock treatment is an immersive, enveloping treatment. The innovation extract of Crocus chrysantus -the symbol of youth- stimulates cell communication, increasing elastin and collagen production. Purple rice has powerful antioxidant properties. Skin is hydrated, perfectly nourished and wrinkles are smoothed.

FACE 60′ 55€





body treatment

IDEAL FOR

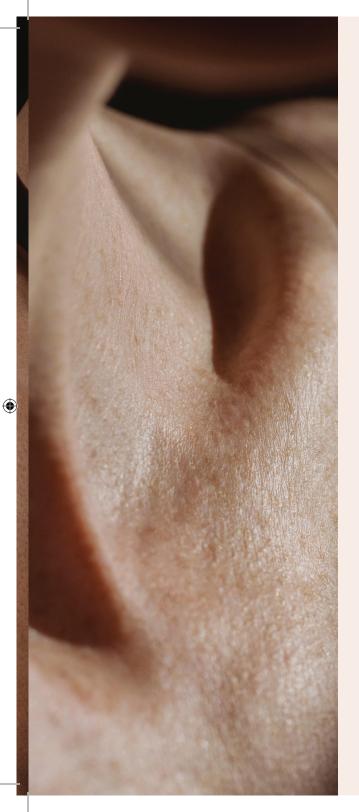
plumps & tones

A blend of Clementine, Bergamot and Sicilian Chinotto extracts that is harvested in January and is rich in vitamins, minerals and AHA. It has smoothing, antioxidant and mineralizing properties. An innovative active ingredient, extracted from Dill, helps slow production of the collagen killer protein and stimulates the LOXL enzyme, which naturally increases the number of elastic fiber. Skin is toned, filled and plumped and the thickness and density of the skin in key areas such as the inner thighs and arms is improved.

BODY 45′ 70€







THEMA THERAPY

body treatment

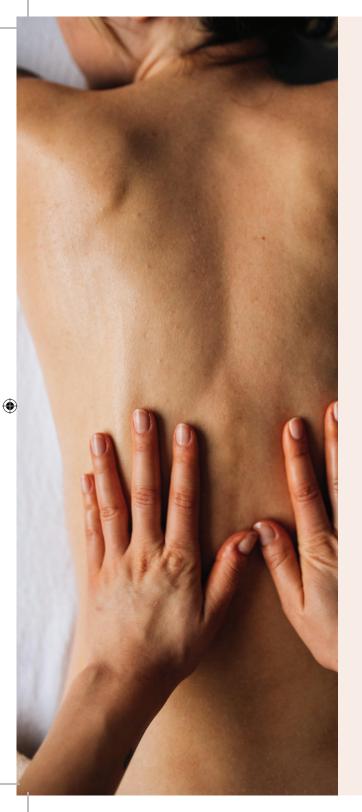
IDEAL FOR

detoxify

A targetd treatment that neutralizes toxins and free radicals and boosts the skin's natural defences. A blend of watercress and tomato phytoextracts trap, absorb and eliminate toxins, while plant-based bamboo powder and double grain silica gently yet intensely smooth. The surface of the skin is deeply cleansed, smooth and hydrated and feels extraordinarily supple and velvety.

BODY 60' 80€





BODY MASSAGE

•	Deep tissue massage	60´	70€
•	Swedish massage	60´	60€
•	Sports massage	60´	80€
•	Special Cretan Massage (with virgin olive oil)	60′	80€
•	Heavy Legs	30´	40€
•	Half Back	30´	40€
•	Hot Candle Massage	60´	70€

THE ESCAPES

•	Sauna	30′	20€
•	Hammam	30′	20€
•	Indoor pool	daily use	10€

A UNIQUE & RELAXING SPA TREATMENT

15′8€

Sit back and relax in our tranquil spa, as Garra Ruffa fish gently remove the hard skin whilst stimulating pressure points, leaving you refreshed and your hands and feet soft and smooth.

SALON THERAPIES

•	Manicure	20€
•	Pedicure	30€
•	French manicure	25€
•	French pedicure	35€
•	Semi permanent Schellac manicure	30€
•	Semi permanent Schellac pedicure	35€
•	Semi permanent French manicure French Schellac manicure	35€
•	Semi permanent	40€

French pedicure

French Schellac pedicure

WAXING

•	Upper lip or chin	10
•	Full leg	30
•	1/2 leg	20
•	Bikini	15
•	Brazilian	30
•	Back	30
•	Belly	20
•	Under arm	15
•	Full arm	25
•	1/2 arm	20





RELAX, BEAUTIFY COUPLE TREATMENT

Show Me Love face & body treatment by Senses

- & **Sauna** 30′
- **& Hammam** 30′
- & Indoor pool

200€

JUST FOR HIM

Dark Sensation face treatment

- & Deep tissue massage 60'
- & **Sauna** 30′

100€

SPA BLISS

Swedish massage 60'

- & Hammam 30'
- & Indoor pool

75€

DETOXIFY TREATMENT

Thema body treatment

- & **Sauna** 30′
- & Indoor pool

95€

INTENSE RELAXATION TREATMENT

Busy Mind De-Stress

body treatment

- & Hammam 30'
- & Pedicure

105€

PAMPERING PACKAGE

Rehydra face treatment

- & Hot candle massage 60'
- & Manicure

110€



PEO KISSAMOU, PLATANIAS CHANIA, CRETE

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